

## SY 2018-2019 Evaluation Summary

The Child Nutrition and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Reauthorization Act of 2004 required by law that each local educational agency that participates in the National School Lunch Program or other federal Child Nutrition Programs is required by federal law to establish a local school wellness policy. This was further strengthened by the U.S. Department of Agriculture's (USDA) Healthy, Hunger-Free Kids Act of 2010 which requires an annual evaluation of implementation and compliance to wellness policies within school districts. The purpose of wellness plans and policies is to promote students' health, well-being, and ability to learn by supporting healthy eating and physical activity.

Bremen City Schools wellness committee includes parents, teachers, staff, and PTO members, community partners. The assessment below will describe implementation of wellness plans and evaluates compliance of the wellness policy and goals.

We have met our Wellness policy goals. We have a wellness ambassador at all 3 schools. Our wellness committee met 3 times over the year and communicated via email. Bremen City schools promotes the development of students through activities such as: National School lunch and Breakfast program, community fitness programs, walking trail, monthly wellness letters, school gardens, nutrition educations in the classroom and Fitness grams at the schools.

Bremen City schools are collaborating with West GA to incorporate nutrition education for our students. We will begin using their students to come into the classroom to help educate in the classroom for the SY19-20.